

A PLACE DEDICATED TO HELPING LIVES TOUCHED BY ADDICTION

Our mission is to provide the needed tools, supportive environment, and necessary hope for individuals wishing to gain healing from addiction and alcoholism. We believe that, with support, every person has the opportunity to gain freedom from the grasps of addiction. With a structured drop down treatment structure, evidence-based therapy, and aftercare opportunities, we offer the chance for people to establish a life of sobriety and clarity.



MOUNTAINVIEW
RECOVERY



THE FIRST STEP IS REACHING OUT

Need detox or treatment? The first step in the admissions process is reaching out! During our first, initial phone call, we can help to better serve you by having you answer a few questions about your needs. Then, we can get started on the remainder of the admissions process!

CALL NOW!

We're Here 24/7

833-489-4460

WWW.MOUNTAINVIEWRECOVERY.COM
108 Monticello Rd., Ste. 400, Weaverville, NC, 28787, USA



MOUNTAINVIEW
RECOVERY

Where Your Life-Changing Journey Begins



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NORTH CAROLINA
DRUG & ALCOHOL TREATMENT

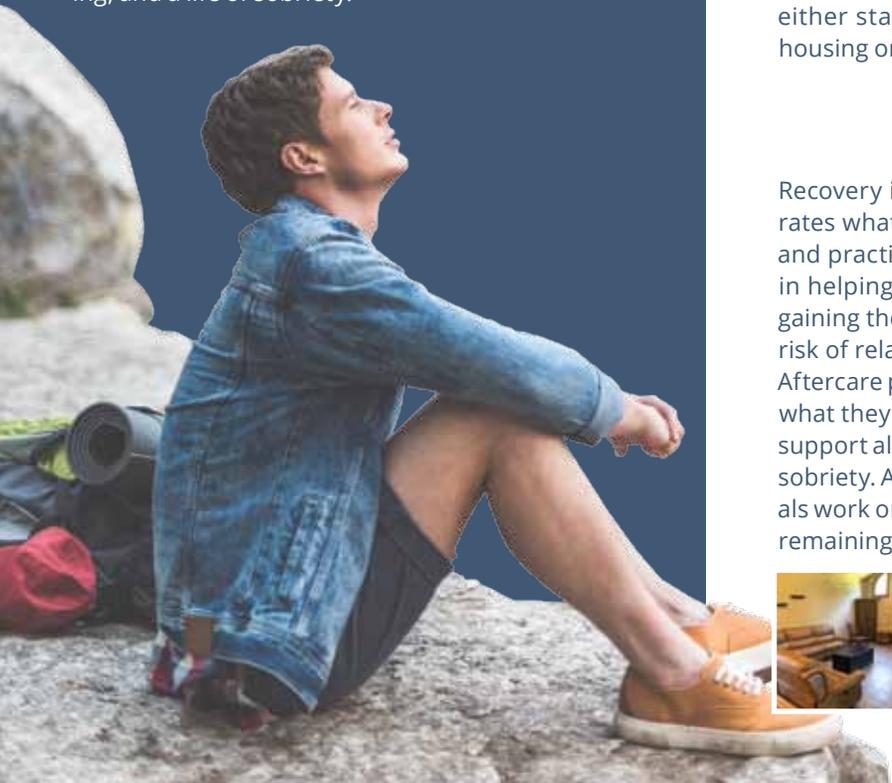
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AVAILABLE 24/7

WELCOME TO MOUNTAINVIEW RECOVERY



Mountainview Recovery is a privately owned, family operated facility with a staff dedicated to helping lives affected by addiction. And, that's because we've been personally affected by addiction ourselves. We know what it is like to have family members succumb to this disease. But, we also know how essential hope and support are for those attempting a life of recovery. So, we offer both to those who come to us seeking safety, healing, and a life of sobriety.



OUR PROGRAMS

Establishing healing from drug or alcohol addiction may differ from patient to patient. That's because the addiction experience differs from person to person. Since there is no magic cure for addiction, treatment is subjective in that people feel that certain methods work better than others. And, there really is no right or wrong answer to what works with addiction treatment. It's best to discover as many methods of treatment as possible so that you can find what works best for you. We offer a number of services specific to individuals who wish to detox and receive helpful tools for establishing long-term recovery.

MEDICAL DETOX: Before treatment can begin, first, the body must be rid of all addictive substances. This process is known as detox. While the body detoxes on its own, the process can be uncomfortable due to withdrawal symptoms. So, we provide medically-assisted detox, which is proven to help people detox more comfortably and with less cravings so their chance of full recovery is higher. During detox, patients at Mountainview Recovery have the option of either staying in our sober living housing or from home.

PARTIAL HOSPITALIZATION (PHP): After detox is complete, patients can take advantage of the first stage of treatment; the Partial Hospitalization Program, or PHP. During this program, individuals can learn and heal utilizing a number of therapeutic outlets, medication support, and all other services our facility has to offer. PHP sessions are available on an outpatient basis and those enrolled have the option to stay in our sober living during their time in treatment. Those enrolled can expect to engage in treatment for 8 hours a day, 5 days a week.

IOP: The next stage of our step-down treatment is the Intensive Outpatient Program, or IOP. During this program, individuals can expect to attend both individual and group therapy sessions a few times a week. This way, individuals can start implementing what they've learned in detox and PHP back into their daily routine. To encourage a positive assimilation, those enrolled into the IOP can also choose to live at our housing facility during the length of their treatment program.

AFTERCARE

Recovery isn't treatment. It's the life which incorporates what is learned throughout time in treatment and practices sobriety. While treatment is effective in helping people stop using drugs or alcohol and gaining the knowledge needed to remain sober, the risk of relapse is still very real once treatment ends. Aftercare programs allow individuals to keep up with what they've learned in recovery and get additional support along the road to established and long-term sobriety. After all, it's proven that the longer individuals work on their recovery, the better their chance at remaining sober.



SOBER HOUSING

Recovery doesn't end when treatment ends, stepping from treatment to the outside world should be done with care. And, should be done gradually. Sober living environments provide this step down from treatment and help individuals establish healthy living patterns with their newfound sobriety.



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